

## Health/Illness

1. What is your first memory of going to the doctor?
2. When I am in pain, what is the kindest thing I can do for myself?
3. What do you do to take care of your body?
4. What do you wish your body could do?
5. What have you learned from being sick?
6. What is something you wish could change about your body?
7. How has being sick made you a stronger person?
8. Who are some role models for you, why are they role models?
9. Who do you talk to about your health?
10. How can you do a better job taking care of yourself?

