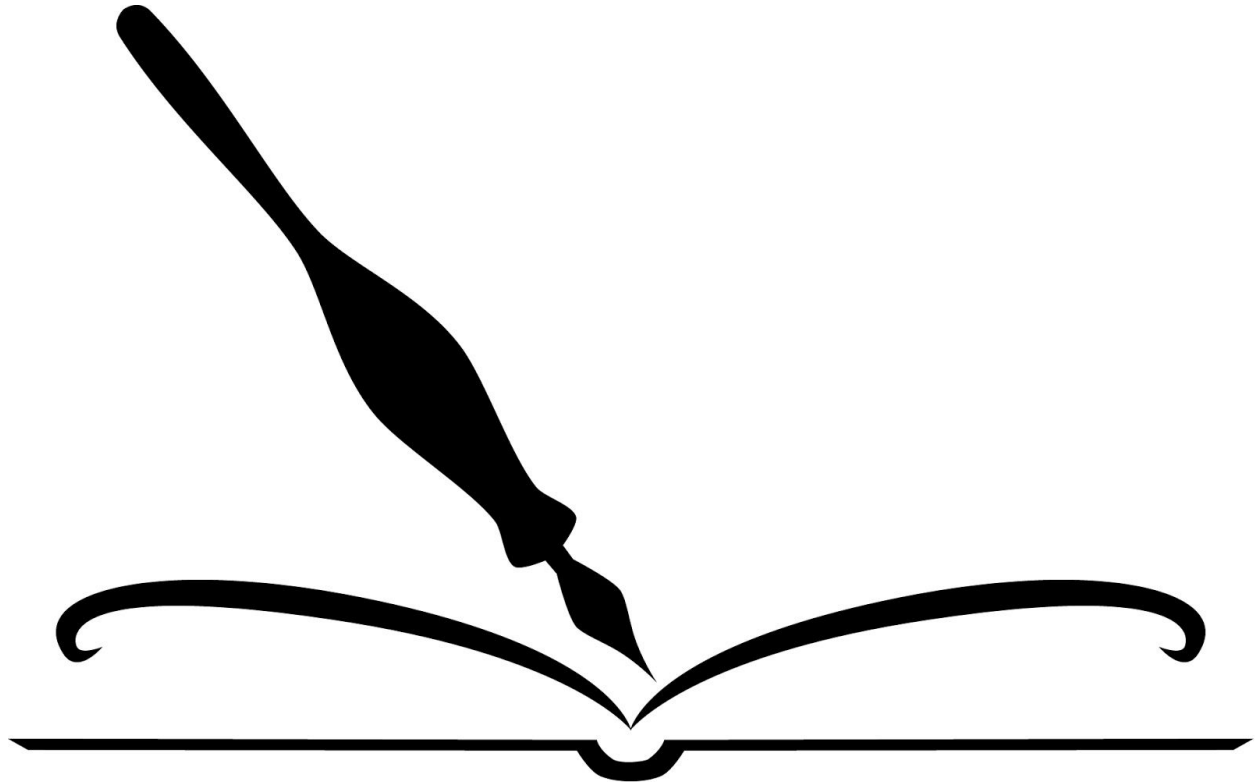


## The Past

1. Is there anything you can't let go of, but know you should? What makes it hard to let go?
2. What is your favorite memory from when you were younger?
3. If you grew up in a different environment, how do you think you would have turned out differently?
4. What is the most difficult lesson you have had to learn?
5. How do I deal with people who have hurt me in the past?
6. How have you changed in the past year?
7. What is something you regret?
8. What advice would you give to your younger self?
9. What is something you will never forget? Why won't you ever forget it?
10. What would your younger self be proud of you for?



PAPER THOUGHTS